

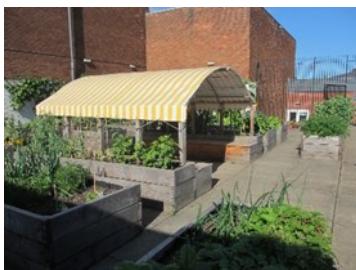
Ardler Village News



Issue 57
Spring 2018

COMMUNITY GARDENS

ARDLER COMMUNITY GARDEN OPEN DAY—FRIDAY 27TH APRIL



We have a community garden in Ardler where beds are available for local residents to grow their own food. Growing space is free and tools/training are provided. There is a communal fruit bed where raspberries and strawberries grow as well as blackcurrants. The garden is in the middle of the Ardler Complex in a previously unused courtyard that acts like a walled garden space. There are even grapevines growing next to the south-facing wall.

Over the past two seasons, gardeners have produced bushels of runner beans, baskets of courgettes and plenty of peas. Garlic, beetroot and carrots have also been popular.

If you would like to join in and grow some nourishing vegetables that are bursting with flavour, please come along on 27th or get in touch with Hazel Feilder CLD worker on 01382 436364 or

hazel.feilder@dundee.city.gov.uk to bagsie your bed.



ST MARY'S COMMUNITY GARDEN

We are a small community garden with big dreams located in the grounds of St Mary's Community Church, St Kilda Road.

Everyone is welcome whenever the church is open.

Our community gardening day is Thursday when someone will be there from 10am to 2pm. You do not need any gardening knowledge or equipment just bring your enthusiasm and dress for the weather.

Contact Clare on 07956619201 or St Mary's Community Church 818118



Events (weather permitting)

22nd March 10am

Preparing the ground for planting

Sowing seeds

29th March 10am

Planting our raised beds

Sowing seeds



DUNDEE DECIDES



Dundee Decides is your opportunity to decide how Dundee City Council should spend the £1.2 million.

The fund will be used to make improvements based upon suggestions identified during the Engage Dundee Consultation

Ardler is part of the Strathmartine Ward and there is £150,000 to spend here.

Simply go to www.dundeedecides.org go to vote and click on Strathmartine and keep voting for as many projects as you like until you have spent your £150,000.

All you need is an email address and your postcode.

If you need help with online voting or don't have an email address then please contact Hazel or Nicky at the Strathmartine Regeneration Team on 01382 436364 or 436363 and we will be happy to assist.

To find out more about the projects keep an eye on [www.facebook/ynstrathmartine](https://www.facebook.com/ynstrathmartine)

MESSY CHURCH

Come and join us at Messy Church!

We have **fun and games, crafts, stories and food.**

Saturdays 3:30 – 5:30pm

Next dates:

10 March & 12 May
at Chalmers Ardler Church
58 Turnberry Avenue DD2 3TP

Children accompanied by an adult please.

COMMUNITY CHRISTMAS TREE EVENT

Community Success – a huge thank you

The Organising Group of the Community Christmas Tree Celebration would like to thank all those who supported the event, held in the premises of Chalmers Ardler church at the end of November. At the Afternoon Tea, attended by about 140 Senior Citizens, it was great to see how much everyone enjoyed not only the delicious home baking but also the entertainment by the children from St Fergus and Ardler Primary schools. The Community Concert was packed out with very many special moments showing the real talent we have in the Ardler & St. Mary's community.

All the children from the local schools visited the display of 40 Christmas Trees and were delighted to choose a piece of fruit as they left, kindly donated daily by Tesco. Those who visited the display were able to enjoy a cuppa or a soup/bread/cheese lunch in the Café. Grateful thanks goes to all those who helped and contributed to the week's success in many different ways, including Lidl, Morrisons, Spar and the Cooperative. Many people commented on how good it was to celebrate and learn more about the many groups and activities within our community. The proceeds of the Craft Gift Stall and Café amounting to £430 have been handed over to Ardler Village Trust for future community activities and events.



!!NEW!! Drop in Cafe

COME ALONG
AND ENJOY....

- Tea/Coffee and snacks
- Health Checks
- Welfare Rights Advice
- Short Breaks Advice
- I.T. Taster
- Chat to staff
- and much more.....

Its all FREE!!

Contact 01382 200422 or email
centre@dundeeearerscentre.org.uk

First Thursday of the month

Drop in between
10am - 12 noon

All carers, disabled
and family members
welcome



132-134 Seagate House
Seagate, Dundee, DD1 2HB

!!NEW!! Dementia Cafe



St Marys Community Church
37 St Kilda Road
Dundee DD3 9ND

COME ALONG AND
ENJOY...

- Support
- Information
- Tea/Coffee and snack
- Health Checks
- Various activities

From time to time there
will be:

- Welfare rights advice
- Complimentary therapies
- and much more!

IT'S ALL FREE!!

Do you or are you caring for
someone who has Dementia,
Alzheimer's or concerned about
your memory?

Drop in between
2.00 - 3.30pm
Second Thursday of month

(This is for a group of people who can safely
attend or bring their own support)

Contact Sharon 07765348740
or Nadia 01382 210200

Scottish charity no. SC024125. Company no. SC160754

Chalmers Ardler Church



11am Sunday 25th March 2018

Lots of people say that they used to go to church but for one reason or another have stopped going and miss it. Here's your chance to come back – or if you've never been, give it a try.

This is an event linked with our 50th anniversary celebrations – yes, we have been here in the community of Ardler since its beginning.

As well as being able to 'come back' to church there is an opportunity to view the display highlighting some of our 50 year history. Refreshments will be provided at the end of the church service.



As part of
Dundee Women's Festival

Ladies
We invite you to
“Time for You Too!”

Pamper Me

Join us for some pampering and relaxation in the Ardler Complex
Friday the 9th of March 2018 between 1pm – 5pm

A drop in event for women of all ages.
Try a new activity, have a beauty treatment all with tea & Cakes!!

Seed planting & info

EXERCISE TO MUSIC

Healthy wraps

Arts & Crafts

Dundee

CHANGING THE FUTURE

For more info contact Hazel on 436364
[Facebook](https://www.facebook.com/IYNstrathmartine/) IYNstrathmartine or pick up an invite at
Ardler complex



ARDLER VILLAGE TRUST UPDATE

This September sees the 10th anniversary of the Charity Shop. Watch out for details of the celebrations we have planned for later in the year.

The Charity Shop has been a huge success thanks to the generous donations and the hard work of our volunteers over the years. If you are interested in helping out please drop into the shop for an application form.

We are now on facebook! Check us out for details of activities and events and the latest bargains in the shop.

The Ardler Community Resilience Fund is open again for applications. This funds local community groups who are delivering projects to alleviate the effects of austerity and welfare reform in the Ardler area.

There are no application deadlines. Applications will be dealt with on a first come first served basis. All applications will be assessed by the Ardler Village Trust Manager and the Ardler Village Trust Core Group. You will hear back within 4 weeks of your application being received by us if your application has been successful. Please note all projects must be completed by 31 December 2018.

Application forms are available from the Ardler Village Trust, 95 Turnberry Ave, Dundee. Tel; 831712.



FREE- couch to 5k (for beginners, looking to increase their running ability from no running to 5k)
Thursday

5.50-6.30pm

Meet on the grass next to Chalmer's Ardler church.

For 16+ years

*No need to book, just come along!

The new project, **Dundee Money Action** provides a free Dundee wide service providing long-term advice, assistance and support to people having problems with debt, heating their homes or saving for the future.

It is a brand new service model looking to provide financial advice and activities for those struggling to cope with rising cost of living, unaffordable credit or personal debt which can all stop people from living a full, socially active life.

Dundee City Council Advice Services have joined with Brooksbank Centre and Services, Dundee Citizens Advice Bureau, SCARF, Shelter Scotland, The Wise Group and Discovery Credit Union to offer a partnership that works together.

Our new workers will help people with

- benefit and tax credit checks to help increase peoples' income.
- debt problems and professional help to manage debt.
- access to banking, credit unions, affordable credit and other routes into saving.
- help with IT and digital skills.
- energy efficiency checks in your home.
- access to more affordable gas and electricity tariffs.

As well as this long term help we are looking to make sure that those facing exclusion from mainstream services get help to access those services and do not have to suffer a 'poverty premium' because of their financial situation.

Dundee Money Action can work with **lone parents, people out of work or low income households.**

For more information

email: info@dundemoneyaction.org.

Keep in touch with us on Facebook:

www.facebook.com/dundemoneyaction.

Or logon and refer to us at
www.dundemoneyaction.org